Cambridge Kung Fu

Snow Leopards Risk Assessment Form - to be used in conjunction with Kids and Youth Classes Risk Assessments

Subject of Risk Assessment:	Risk Assessment Conducted By:	Date:
Cambridge Kung Fu Snow Leopards Classes Classes	Laura Sargent	24/02/26

General Information About the Activity:
Students in the classes are Snow Leopards (students of varying ages with additional needs). Students study a form inspired by a different martial art (or animals) each term; spending time learning the form (or other Kung Fu movements) during each class as well as playing Kung Fu games. Classes are largely non-contact however there is supervised pad work and light contact work between Instructor and student when useful and appropriate. During the classes Mats, Cones, Rubber Spots, Beanbags, Yoga Balls, Dodge Balls, Pool Noodles, Padded Sticks, Padded Whackers, Rope, Boxing Gloves, Kick Shields and Focus Pads may be used (and other equipment as necessary). Each class has one Lead Instructor with as many additional Assistant Instructors as needed to ensure effective running of the class.

Information About the possible Venues:
Hills Road Sports & Tennis Centre - The Studio

PLEASE NOTE: Any permanent changes at the venue, or to the classes, must be brought to the Health & Safety Officer's attention so an updated Risk Assessment can be carried out. The Management Team currently refers to Col, Ross and Laura. Note that access to student details as specified below may not be always appropriate for younger helpers (such as DoE students).

Hazard?	Who Might be Harmed?	Risk Level?	Control Measures?	Actioned By?	When?	Revised Risk Level?
Emotional Distress demonstrated by Snow Leopard students	Students, Instructors	Medium	- Students have their own mat as a "safe zone" and may be accompanied by a guardian in the class when necessary - Instructors check in with students and their Guardians at the beginning of the class where necessary re: their well-being and mental state for the day - Instructors made aware of any potential triggers that could cause distress	Instructors, Students	Every Lesson	Low
Aggressive Behaviour demonstrated by Snow Leopard students	Students, Instructors	Medium	- Instructors made aware of any potential triggers - Instructors check in with students and their Guardians at the beginning of the class where necessary re: their well-being and mental state for the day - Instructor to student ratio is bigger to ensure appropriate attention is given to the situation - Ask all Instructors have Rota Phone number stored in their personal Mobile Phones	Instructors, Management Team	If situation arises	Low

			- Instructors provided with Health & Safety Training which includes dealing with aggressive situations - Instructors may end a session if they feel uncomfortable/unsafe teaching and report the incident immediately to Management Team			
Damage to equipment/venue	Students	Low	- Instructors to monitor how equipment is being used and remove if there is a continued risk of damage - Instructors to monitor students' interactions with the venue and intervene if there is a demonstrated risk of damage being caused	Instructors	Every Lesson	Low
Assistive aids grabbed by Snow Leopard students (e.g. walking cane)	Students, Instructors	Medium	- Education given to Snow Leopards about kung fu 'bubbles', personal space and equipment and items belonging to others - Instructors monitor Snow Leopards and their proximity to the aid/person using the aid and intervene if there is a risk of them interacting with it without consent	Instructors	Every Lesson	Low
Shelf with hi-fi in corner of the room behind the door. Injury hazard, plus if door is opened aggressively it could bash into it	Students, Instructors	Low	- Shelf is behind door so is out of reach while the door is open - Instructors to be aware of students entering the room and caution to open the door carefully if needed	Instructors	Every Lesson	Low
Heater or fan left in the room (to be used or not). Trip or other injury hazard	Students. Instructors	Medium	- Heater/fan to be put away in the equipment cupboard, hidden in the corner by the door or removed from the room if not in use - If it needs to be out or in use, ensure item is out of way of foot traffic, e.g. near walls and cordoned off if appropriate.	Instructors	If situation arises	Low
Miscellaneous items left behind in room by other patrons (e.g. papers, ping pong balls)	Students	Low	- Instructors to check the room before class starts and remove, tidy away or hand in to reception any items that could be picked up or taken by the Snow Leopard students	Instructors	Every Lesson	Low
Adults and Kids training together	Students	Low	- Encourage adult students to train with other adult students - If a child is training with an adult they need to be closely monitored by an instructor.	Instructors	Every Lesson	Low

Risk Assessment Verified By: Steve Sargent	Date: 26/02/26	Risk Assessment Review Date: 26/02/27